



northport  
cook's nook

Kids COOKING  
CLASS SERIES



## KIDS in the KITCHEN with CHEF ALISON ARTHUR

Sunday, June 8th  
1 - 3 pm

### menu

*Miso Soup with  
Spring Veggies*

*Tofu Bundles*

*Millet Mashed Potatoes  
with Parsley Garnish*

*Mochi Waffles  
with Stewed Fruit  
Topping*

Participants will transform into happy herbivores as they prepare grains and vegetables to create a tasty brunch. Together we will make comfort foods for early summer, after the endless winter, while hoping to expand taste buds beyond the usual.

**CHEF ALISON ARTHUR** delights in encouraging creativity in the kitchen at an early age. Exploring plant-based ingredients, we will prepare nourishing foods to fuel young and growing bodies. These classes will help kids to discover how different foods affect their bodies. We will also learn about setting the table for joining in our meal together.

**REGISTER TODAY** contact

Karen Cross at [Karen@NorthportCooksNook.org](mailto:Karen@NorthportCooksNook.org)  
or call 231-432-0083

Sunday, June 22nd  
1 - 3 pm

### menu

*Mochi Veggie Casserole*

*Tofu French Toast with  
Sweet Carrot Butter  
or Sesame Syrup*

*Crispy Chewies*

Classes held at the  
Leelanau Children's Center

Tuition is \$35 per class for you  
and your child ages 8-12

NORTHPORT COOK'S NOOK  
is sponsored by the



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Join us for our June class for Adults: Wednesday, June 18th, 4-8pm for One Skillet Meals with Chef Trish Kropp